

Spector Dance

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## King City Dance Week 2025

Featuring Movement Workshops and Live Dance Performances with guest artists from Monterey, Santa Barbara, and Los Angeles

### Movement Workshops

Thursday, February 27

Introduction to Tap and Musical Theater 2:10 to 3 pm

Introduction to Jazz Dance 4 to 5:15

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Friday, February 28

Introduction to Modern Dance 2:10 to 3 p.m.

. Introduction to Contemporary Dance 4 to 5:15 p.m.

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Live Dance Performance

Friday, February 28, 2025

9:30 to 11 a.m.

at the Stanton Theater

Join Us!

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## Description of Movement Workshops

*All classes are perfect for students who have no prior dance experience. SpectorDance Company Dancers Charlotte Katherine Smith, Mara Hancock, Stephanie Mizrahi, and Elsie Nielsen are excited to share their love of dance and their extensive knowledge of this art form with all the King City students.*

**Introduction to Tap and Musical Theater:** In this dynamic tap and musical theater class students will combine the rhythm and precision of tap dance with the storytelling and performance elements of musical theater. Students will learn basic tap steps, and then explore character development, expression, and stage presence. Whether you're tapping out rhythms or learning moves to your favorite Broadway tunes, this class fosters both technical skill and creative performance in a fun, energetic environment. This class is perfect for students looking to explore the basics of tap dance and theatrical performance! Tap shoes are not required.

**Time:** Thursday, February 27 2:10 to 3:00 p.m. **Taught by** Stephanie Mizrahi and Charlotte Smith

**Introduction to Jazz:** In this jazz dance class, students will explore energetic movement with rhythmic precision, focusing on strong technique, dynamic expression, and sharp style. Students will work on foundational jazz steps, across-the-floor combinations, and performance skills, while developing flexibility, strength, and musicality. With an emphasis on both classical and contemporary jazz styles, this class offers a fun and high-energy environment for dancers looking to enhance their performance and technical abilities. This class is ideal for students who love to move with flair and confidence!

**Time:** Thursday February 27 at 4 to 5:15 p.m. **Taught by** Elsie Nielsen and Mara Hancock

**Introduction to Modern:** In this modern dance class, students will focus on versatility, fluidity, and personal expression through movement. Drawing from influential modern dance techniques from 20th century masters Martha Graham, Merce Cunningham, and Jose Limon, students will learn core principles of modern dance, including breath, alignment, and dynamics. Emphasizing

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both technical skill and creative exploration, this class encourages students to break free from traditional structures and discover their own movement vocabulary. This class is perfect for students looking to develop strength, flexibility, and a deeper connection to the art of dance.

**Time:** Friday, February 28 at 2:10 to 3:00 p.m. **Taught by** Elsie Nielsen and Mara Hancock

**Introduction to Contemporary:** In this contemporary dance class, students will explore fluid movement, emotional expression, and creative choreography. Combining elements of modern, jazz, and ballet, this class encourages self-expression through both structured technique and improvisation. Dancers will develop strength, flexibility, and a deeper connection to their bodies while learning how to convey stories and emotions through movement. This class is Ideal for those looking to push their physical boundaries and discover their unique dance style.

**Time:** Friday February 18 4:00 to 5:15 p.m. **Taught by** Stephanie Mizrahi and Charlotte Smith